

Nutrition Symposium

October 27, 2023

Agenda

AM

7:30 - 8:00

Breakfast and Networking

Welcome

8:00 - 9:00

Eosinophilic Esophagitis

Dr. Jeffery Tang, MD

9:00 - 10:00

Nutritional Aspects in Diagnosis and Management of Food Allergies

Bethany Matus, MS, RD

Break 10:00 - 10:15

10:15 - 11:15

Oncology Nutrition and Home Tube Feeding

Sue Hill, RD

11:15 - 12:15PM

Updates on Bariatric Surgery

Oliver Varban, MD FACS FASMBS

Lunch 12:15 - 1:15

PM

1:15 - 2:15

The NIH All of Us Research Program

(AoU)- A Foundation for Precision Medicine Research-
Public Health and Science Research

Christine Johnson, PhD, MPH

2:15 - 3:15

Maternal, Infant, and Early Childhood Nutrition

The 1000 Day Window of Opportunity

Allegra Picano, MS, RD

3:15 - 3:30

Closing Statements



2023 Nutrition Symposium | 10/27/2023 7:30:00 AM HFH - Detroit - E&R 2096

Please join us on Friday October 27th for the 2023 Nutrition Symposium! The event is being held virtually and in person at Henry Ford Hospital E&R 2096 from 7:30am to 3:30pm. This symposium will provide up-to-date presentations encompassing a variety of nutrition topics. Clinical, research, public health and life cycle emerging trends in nutrition will be discussed throughout the day.

Program Goal

- 1 Define the 1,000-day window of opportunity and why it's important in the maternal child population.
- 2 Demonstrate an understanding of nutrition guidelines for pregnant and lactating women, infants, and young children.
- 3 Identify current problems in maternal and child nutrition in the United States and in the local community.
- 4 Recognize community resources aimed to improve maternal and infant health outcomes and how to refer patients.
- 5 Understand diagnosis and management for optimal patient outcomes in patients with gastrointestinal disorders.
- 6 Introduce specific allergy conditions a dietitian may encounter while working with a patient such as FPIES, EOE, and Celiac.
- 7 Define food allergy testing and the validity of available tests.
- 8 Understand key concepts regarding food allergies and food intolerances.
- 9 Learn how to eat out and socialize with blenderized formula.
- 10 Understand food safety concerns with blenderized formulas.
- 11 Learn about efficient equipment to make formula.
- 12 Identify foods that blend well for formula.
- 13 Identify who the ideal patient is for blenderized formula.
- 14 Learn about new bariatric surgical techniques.
- 15 Understand vitamin and micronutrient information regarding bariatric surgeries..
- 16 Identify vitamin and micronutrient concerns regarding bariatric surgeries.
- 17 Understand the concept of "precision medicine."
- 18 Be able to describe the vision of the NIH's All of Us Research Program.
- 19 Learn what makes AoU unique, including the first NIH-funded spin off initiative called "Nutrition for Precision Health."
- 20 Gain understanding of the current status and initial successes of the All of Us Research Program.

Target Audience Nutrition

Faculty

Name of individual	Individual's role in activity	Name of Ineligible Company(s) / Nature of Relationship(s)
Ashlee Carnahan, MS, RD	Co-Director	Nothing to disclose - 05/01/2023
Susan Hill, MA, RD	Faculty	Nothing to disclose - 06/02/2023
Christine Cole Johnson, PhD	Faculty	Nothing to disclose - 06/28/2023
Yakir Muszkat, MD	Co-Director, Faculty	Nothing to disclose - 06/12/2023
Jeffrey Tang, MD	Faculty	Nothing to disclose - 09/15/2023
Bethany Thayer, MS, RD	Other Planning Committee Member	Nothing to disclose - 05/01/2023
Stephanie Goergen, RD	Other Planning Committee Member	Nothing to disclose - 05/15/2023
Crystal M Gyiraszin, MS	CME Reviewer	Nothing to disclose - 04/25/2023
Michelle Clark, BA	CME Specialist	Nothing to disclose - 08/01/2023
Allegra Picano, RD	Faculty	Nothing to disclose - 05/02/2023
Oliver A Varban, MD, FACS FASMBS	Faculty	Nothing to disclose - 9/20/2023
Bethany Matus, MS, RDN	Faculty	Nothing to disclose - 06/27/2023
Taylor McLaud, MPH, RD	Other Planning Committee Member	Nothing to disclose - 06/21/2023

All of the relevant financial relationships listed for these individuals have been mitigated.

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